

Quarry Hill Academy
Bradleigh Avenue 3
Grays - Essex,
RM17 5UT

Dear Mrs Wakeling,

I am writing to you to convince you change your mind regarding the packed lunch list. I personally think it is extremely problematic and unfair to expect this to be accepted by us. We, as a year group, understand your reasoning for this decision, however there are many things you haven't considered.

Firstly, there are many children who suffer with severe food allergies. Experts have found that 7.1% of children in the UK have food allergies - this means on average, 35 children in your school are allergic to at least one food. As this is already very short, allergies will make it even shorter. Adding to this, the worst possible thing that could happen is a child may have a reaction, which could be fatal. Do you think this is acceptable?

Additionally, a packed lunch list like this could become expensive for parents. No one can deny how costly food is at the moment. In fact, a weekly shop already cost £107.50 for a family of four. When you consider the amount of large families we have in the school how can you be happy costing them so much?

Finally, your proposed list leaves out many of the food groups. If you look over the extremely short list, only 4 of the 7 food groups are included. A ready 8% of children don't eat enough nutrient meals. How does this solve the problem? I think you need to seriously rethink menu. To conclude, I believe this lunch list is not acceptable and needs immediate change.

Thank you for taking the time to read my letter. I hope you change your mind. You truly are so kind so you must change it.