

Rama and Sita (the story of Diwali) is helpful for Hindus because it helps them to think about temptations that they may face. Some temptations in my daily life are:

- Using my iPad
- Using too much technology
- Watching too much TV

Rama returned to the Kingdom from which he had been banished and so during Diwali any arguments are forgotten in preparation to begin the New year and start fresh.